Behavior Contract

Date: _____________________________

I promise to work on these behavior expectations: __________________________________________
__________________________________________________________________________________
__________________________________________________________________________________

Choose 3 of the following or create your own.

⭐ I will avoid whining
⭐ I will use good manners
⭐ I will respect the property and privacy of others
⭐ I will avoid places and objects that are unsafe or dangerous
⭐ I will pick up after myself
⭐ I will eat healthy foods
⭐ I will _______________________
⭐ I will _______________________
⭐ I will _______________________
⭐ I will complete my homework on time
⭐ I will go to bed when asked
⭐ I will not interrupt
⭐ I will be sensitive to the feelings of others
⭐ I will present a positive attitude instead of being negative, pessimistic or rude
⭐ I will not hit
⭐ I will get ready for school on time
⭐ I will not tattle
⭐ I will do my chores
⭐ I will _______________________
⭐ I will _______________________
⭐ I will _______________________
⭐ I will take responsibility for my actions and not blame others
⭐ I will keep good hygiene
⭐ I will _______________________
⭐ I will _______________________
⭐ I will _______________________

Reward for meeting these expectations: __________________________________________
__________________________________________________________________________________
__________________________________________________________________________________
__________________________________________________________________________________

Consequence for not meeting these expectations: __________________________________________
__________________________________________________________________________________
__________________________________________________________________________________
__________________________________________________________________________________

Child Signature: ______________________ Date: __________

Parent Signature: ______________________ Date: __________