

GOAL TRACKING AGREEMENT

Name: _____

By _____ (date) I will accomplish the following goal: _____

Accomplishing this goal is important to me because: _____

Short-term daily steps I can take to accomplish this goal:

I will: _____

I will: _____

I will: _____

Long-term weekly or monthly steps I can take to accomplish this goal:

I will: _____

I will: _____

I will: _____

Date I intend to accomplish this goal:

In tracking my goal I am...

Ahead on accomplishing my goal and reason why? _____

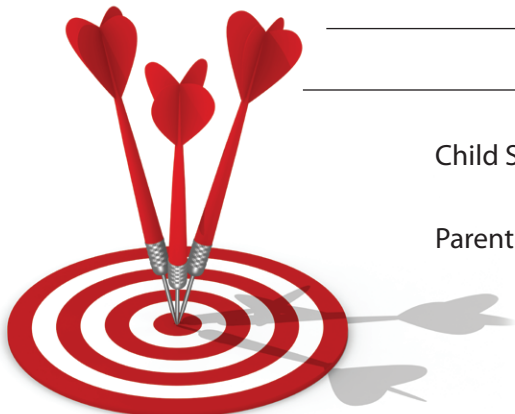
On track to accomplish my goal and reason why? _____

Not yet started and reason why? _____

Behind and reason why? _____

The following is my consequence for not accomplishing my goal: _____

The following is my reward if I accomplish my goal: _____



Child Signature: _____ Date: _____

Parent Signature: _____ Date: _____



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