

# MY FEELINGS CHART

NAME

WEEK OF



Pointing Kids in the Right Direction  
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TODAY I FEEL: SURPRISED MAD SAD EXCITED FRUSTRATED ANGRY SCARED HAPPY SILLY CONFUSED DISAPPOINTED PROUD

	SURPRISED	MAD	SAD	EXCITED	FRUSTRATED	ANGRY	SCARED	HAPPY	SILLY	CONFUSED	DISAPPOINTED	PROUD
MONDAY												
TUESDAY												
WEDNESDAY												
THURSDAY												
FRIDAY												
SATURDAY												
SUNDAY												